

# CHILDREN'S HOME SOCIETY OF CALIFORNIA

Parent and Child Care Provider Resource

## Toddler Fall Activity

### Growing and Learning through Play

The following activity will support children's learning. Talk with children and ask questions as you play with them. As children listen to you, they build language and social skills, further reinforcing the concepts you are teaching. Match activities to children's favorite books, songs, or toys to make them more meaningful learning experiences. Visit our website at [www.chs-ca.org](http://www.chs-ca.org) to discover more learning resources.



## Activity: Cranberry Freeze Treats

### What you need:

- 16 ounce can (2 cups) whole cranberry sauce
- 8 ounce can (1 cup) crushed pineapple, drained
- 1 cup of unsweetened sour cream or yogurt
- A medium-sized bowl
- Wooden spoon
- 1 ice cube tray or 8-inch square pan

### What to do:

- Prepare the ingredients and tools in advance. Make sure the pineapple is cut small enough to avoid being a choking hazard
- Invite children to wash their hands and come to the table to help add ingredients to the bowl and stir the mixture
- In a medium bowl, combine all the ingredients and mix well
- Talk about the colors and textures of the ingredients, and describe how to move the wooden spoon in circles
- Pour the mixture into the ice cube tray or an 8-inch square pan
- Freeze for 2 hours, or until firm
- To serve, remove from the ice cube tray or cut into squares
- Talk about how the mixture changed (liquid to a frozen), describe the change in temperature and any other changes in color, shape, or texture
- Optional: Take photographs of each step the children take while cooking and glue them on to index cards. Ask children to put them in order, or write a number next to each step that they can follow when repeating the cooking activity

### What the activity does:

- Introduces the scientific process of freezing (liquid to frozen) and temperatures (warm/cold)
- Practices motor development
- Develops language skills through conversations and new vocabulary (cranberries, pineapple, yogurt, stir, frozen, red, yellow)
- Builds literacy by introducing a recipe to follow

